

## RUBBER BAND BOX GUITAR



Bash The Trash builds, performs and educates with musical instruments made from reused and repurposed materials. They combine science, music and environmental awareness in performances, programs and social initiatives, reaching over 60,000 students a year in the New York City metro area, online, and nationwide through a network of regional performers. [www.bashthetrash.com](http://www.bashthetrash.com)

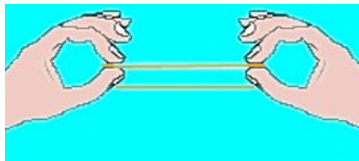
### YOU WILL NEED:

- A sturdy box (with no lid), either corrugated cardboard or styrofoam
- Rubber bands (in general, thicker and tighter rubber bands will create more sound)

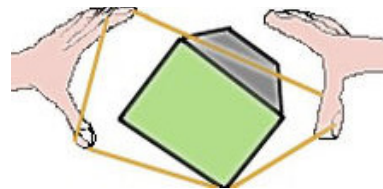
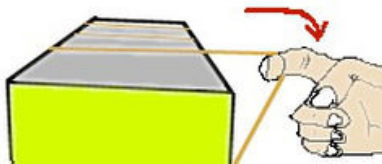
**Caution!** Instructions include common-sense simple tool use. You, the user, need to take all precautions to keep yourself safe.

**watch John Bertles' how-to video:**  
[bit.ly/boxguitar](http://bit.ly/boxguitar)

1. Stretch your rubber bands over the box



2. Pluck the rubber bands with your fingers. Adjust the tuning by pulling the rubber bands tighter or looser.



3. Optional: put a neck on your instrument to make it look more like a guitar. Get a cardboard tube and trace the circle of the tube on the end of your box. Cut a hole slightly smaller than the traced circle. Slide the tube into the hole. If it doesn't fit you can cut the hole a bit bigger, or tape it up a bit. Never mind that the strings don't go up the neck - it's just there to look cool....

